

Testing Instructions for patients

Spanish Speaking patients are requested to bring an interpreter for any planned procedures

Abdominal Ultrasound

Nothing to eat or drink after midnight.

No tobacco products after midnight

Bone Density

Do not take a Calcium supplement the morning of your exam

Patients cannot have a contrast study (MRI, CT, etc.) in the 7 days preceding their BDS

No metal on pants/waist area

MedTrack

Remove any/all eye makeup prior to testing

If repo is necessary, a driver will be required

MRI/MRA

Please arrive 15 minutes prior to your appointment, some paperwork is required prior to the exam.

If sedation is used, a driver is required

For abdominal MRI/MRA scans fasting is recommended

Certain implants and devices may not be MRI compatible (EX: Pacemaker, neuro stimulator, etc.)

Lab

- Fasting recommendations- AT LEAST 6 hours (preferably 8 hours) with nothing to eat or drink EXCEPT WATER
- Drink plenty of water prior to your scheduled appointment, you may also have BLACK coffee (NO Cream or Sugar)
- **24-hour urine collection** with a creatinine clearance, or a calcium clearance will require a blood draw when the urine sample is returned. Please do not send a family member/friend to drop off you sample, without the blood draw, the collection is unusable and will have to be repeated.